

FOR CHILDREN AGED 0-6 YEARS OLD...

PURPOSEFUL PLAY



WHAT IS PURPOSEFUL PLAY?

Developed by the Ministry of Social and Family Development and the Parenting Research Centre from Australia, the Purposeful Play programme introduces you to **10 evidence-based strategies** that equip you with the knowledge and skills to:

- ✓ Create a **warm and stimulating home environment** for your child
- ✓ Develop your child's **language and problem-solving** skills to enhance their school readiness
- ✓ Build stronger **relational bonds with your child**

SESSION TOPICS

Session 1: Warm and Gentle and Play

Session 2: Tuning In and Routines

Session 3: Following Your Child's Lead and Shared Reading

Session 4: Listening and Talking More and Watching Screens Together

Session 5: Teachable Moments and Community Resources



PROGRAMME STRUCTURE

5 Sessions Over 5 Consecutive Weeks:

- 3 Sessions (90mins each) In-Person With Your Child.
- 2 Sessions (60mins each) Over Zoom.



Have Any Questions?

Email us at parenting@touch.org.sg

Or WhatsApp [+65 67098423](tel:+6567098423)

In Partnership With:

