

Digital Parenting FTW! Series

(for the win)

Workshop Title	Focus & Coverage	Age Range	Full Duration ¹	Abridged Version ²
2025-DP-01 Before IT All Happens <i>Parental Mediation Begins in Early Childhood</i>	Screen Use and Activity in Young Children	0 to 9 years old	2hrs	1hr
2025-DP-02 "I Can't Live Without IT!" <i>Understanding & Engaging Our Digital Natives</i>	Excessive Screen Use, Communication	7 to 18 years old	2hrs	1hr
2025-DP-03 Social "ME"dia & Online Harms <i>Empowering Our Children to Navigate the Thrills & Spills</i>	Social Media Risks, Online Harms, Communication	10 to 18 years old	2hrs	1hr
2025-DP-04 PorNOgraphy <i>Starting the Needed Conversation</i>	Pornography, Communication	5 to 18 years old	2hrs	1hr
2025-DP-05 Cyber Bullying <i>Being the Safe Space for Our Children</i>	Cyber Bullying, Communication	7 to 18 years old	2hrs	1hr
2025-DP-06 (Parent-Child Module) Building a Positive Digital Family Culture Together <i>Each a Part, not Apart</i>	Culture Building, Parent-Child Relationship, Communication	7 to 18 years old	2hrs	1hr
2025-DP-07 Nurturing Digital Natives the Positive Parenting Way <i>A Systematic & Evidence-Based Approach</i>	Systematic Nurturing of Positive Digital Habits, Dealing with Problematic Screen Behaviours	5 to 16 years old	Strictly At Least 2hrs ³	Not Available

¹ Module content has been developed for the stated length of duration and includes 10 to 15 minutes of Q&A time. An additional 30 minutes would allow further elaboration on certain points in the sharing, as well as a slightly longer Q&A. Requests for shorter duration can be acceded to, up to a maximum of 30 minutes; discretion is given to presenter in the cutting of content, as well as having a shorter duration for Q&A.

² Abridged versions of our workshops are crafted to suit lunch / dinner hour slots for companies and organisations looking at providing touch-and-go parent enrichment over the duration for their employees. We strongly encourage schools to select the full versions of our modules to provide optimum learning opportunity for parent and guardian participants who have availed their time for the engagement.

³ This module requires at least a minimum of 2 hours; it can be extended but not shortened.