

In-Transition Parenting Series

Workshop Title	Focus & Coverage	Age Range	Full Duration ¹	Abridged Version ²
2025-TP-01 Ready, Get Set, Go! <i>Preparing Our Children for Primary Education</i>	Settling and Thriving in Primary School	5 to 7 years old	1.5hrs	1 hr
2025-TP-02 From Tweens to Teens <i>Preparing Our Children for Secondary Education</i>	Settling and Thriving in Secondary School	11 to 13 years old	1.5hrs	1 hr
2025-TP-03 Parenting the Adolescent <i>“U”are Important in Helping Teenagers to Transit Well into Adulthood</i>	Autonomy, Self-Esteem, Self-Worth, Communication	13 to 18 years old	1.5hrs	1 hr
2025-TP-04 Tertiary Transitions <i>Supporting Our Teens as They Prepare for Young Adulthood</i>	Future Planning, Relationships, Communication	17 to 19 years old	1.5hrs	1 hr
2025-TP-05 Finishing Well <i>Supporting Our Children Through Their Final Lap in School</i>	Stress Management, Expectations, Communication, Things to look out for in graduating cohort	12 to 18 years old	2hrs	1 hr

¹ Module content has been developed for the stated length of duration and includes 10 to 15 minutes of Q&A time. An additional 30 minutes would allow further elaboration on certain points in the sharing, as well as a slightly longer Q&A. Requests for shorter duration can be acceded to, up to a maximum of 30 minutes; discretion is given to presenter in the cutting of content, as well as having a shorter duration for Q&A.

² Abridged versions of our workshops are crafted to suit lunch / dinner hour slots for companies and organisations looking at providing touch-and-go parent enrichment over the duration for their employees. We strongly encourage schools to select the full versions of our modules to provide optimum learning opportunity for parent and guardian participants who have availed their time for the engagement.